

# GRADUATION TRANSITIONS

## 2016 – 2017

**Goals:** Graduation Transitions is intended to prepare students for a successful transition to life after secondary school. Every student will graduate with a relevant career/life plan to include their skills, credentials and experiences to achieve their personal plan.

### Grad Transitions Booklet

The following assignments will prepare you for your career and life and will also meet the BC Ministry of Education's Learning Outcomes for Grad Transitions. Grad Transitions is worth four credits and is mandatory for graduation.

- I. **WHO** am I?
  - Traits and Skills
  - Healthy Living Plan
  - Achievements & Reflection
- II. **WHAT** have I done?
  - Daily Physical Activity
  - Network – Your Way to Success
  - Where is Your Time Going?
  - Community Connections (30 paid/volunteer hours)
- III. **WHERE** am I going?
  - Grad Transition Plan
- IV. **HOW** am I going to get there?
  - Resume
  - Financial Plan
  - Stay in contact with your counsellor throughout your Grade 12 year to review graduation requirements and post-secondary opportunities.

**Evaluation:** Requirements Met "RM" will be issued on your report card in June upon completion of the above requirements.

**Refer to page 2 for the checklist and due dates.**

This booklet has been adapted from SD 37.

For more information see the Career Centre. The BC Ministry of Education website is [https://www.bced.gov.bc.ca/irp/pdfs/health\\_career\\_education/2008gradproguide.pdf](https://www.bced.gov.bc.ca/irp/pdfs/health_career_education/2008gradproguide.pdf)

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**Student Name:** \_\_\_\_\_ **TAG #** \_\_\_\_\_

**Grad Transitions Checklist & Due Dates**

Student Name \_\_\_\_\_

**DUE: Monday, October 31, 2016**

1.  Who Am I? - **Assignment #1: Your Traits and Skills**– see attached (pages 3 &4)
2.  Who Am I? - **Assignment #2: Healthy Living Plan**– see attached (page 5)
3.  What Have I Done? - **Assignment #3: Achievements and Reflection**– see attached (page 6)
4.  Where Am I Going? - **Assignment #4: Grad Transition Plan**– see attached (page 7)

**DUE: Monday, December 5, 2016**

5.  How am I going to get there? - **Assignment #5: Network – Your Way to Success** (page 8)
6.  How am I going to get there? - **Assignment #6: Where is Your Time Going?** (Page 9)
7.  How am I going to get there? - **Assignment #7: Submit a current employment resume**
8.  How am I going to get there? - **Assignment #8: Financial Plan** – see attached (page 10 & 11)

**DUE: Friday, May 5, 2017**

7.  What Have I Done? - **Assignment #9: Daily Physical Activity** (DPA).
  - A minimum of 150 minutes of Daily Physical Activity must be recorded during your Grade 12 year.
  - Students who are enrolled in classes, a team or an academy please use the DPA form on page 12.
  - Students who participate in a personal exercise regime, please complete the ‘Individual Exercise Log’ on pages 13 to 16.
8.  What Have I Done? - **Assignment #10 Community Connections** (30 hours of paid/volunteer work)
  - Hours can be completed in Grades 10, 11 or 12.
  - Complete the attached form and the questions on pages 17 & 18.
  - Provide proof of your 30 of paid or volunteer hours with either a supervisor’s signature, letter of reference or a pay slip/T4.
  - If you have successfully completed Work Experience 12A you do not have to do this assignment #8.
  - If you do not have 30 hours of paid/volunteer work, please see the Work Experience Coordinator for a school-arranged 30 hour non-paid work placement.

**\*\*Tear off the required assignments from this booklet and hand them in to the Career Centre.**