



This Week in the Dog House



<http://belmont.sd62.bc.ca/>

December 4th - December 8th, 2017



Huge congratulations to the Senior Girls Volleyball Team who will be bringing back to Belmont their second consecutive Provincial Champions banner after a thrilling performance in Langley this weekend. The team survived a scare from Lord Tweedsmuir in the round of 16 before going on a dominating play-off run that featured a 25-12, 25-16, 25-16 gold medal win over Handsworth in the final. Gracie May, Taylee Pomponio, and Miranda Cyr were all named tournament all-stars, while Savannah Purdy was awarded Most Outstanding Player. Also playing key roles were Hannah May, Jocelyn Sherman, Olivia Godek, Sydney Belton, Devon Woolley, and Atesa Flammand. Injured player Aspen Nemeth was also with us and made major contributions earlier in the season. The girls would like to thank assistant coach Elaine Anderson, physiotherapist and poet Dean Sipos, and our amazing Athletic Director, Mr. Lowe. And, of course, a big thank you to the Belmont staff and students who cheered us on from your classes and in the Social Commons. It was an honour to be representing all of you!! Bring on the fire trucks!

Our annual 10,000 Tonight Food Drive is Wednesday, December 13th! Please come out and donate, or volunteer at the event! The more adult drivers the more donations we can collect. Routes will be handed out to the drivers the night of the event. Drivers will be going door to door requesting food donations. They will be taking a couple of students with them on each route, and will be covering areas relatively close to the school. Also make sure you have your license the night of - just show up with your license and your registration the night of the event in the front foyer, and we will have you set up.

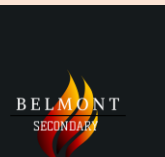
<https://www.facebook.com/events/129572011054100/>

Quick and Easy Holiday shopping with Tupperware!

The PAC has set up a fundraiser with the proceeds going to support Belmont Students. Order online at: <http://bit.ly/2zYq0H1> Orders have to be received by December 12 in order for them to arrive by Xmas.

Dear Belmont parents, our students have been working on a custom line of clothing for your graduating child(ren). Order forms will be available in front of the school store at noon starting Tuesday November 28th, and will also be available through our online payments website, <https://sd62.schoolcashionline.com>. Students & parents must have the consent form completed before ordering school clothing. Please go to the link to our consent portal at <https://consent.sd62.bc.ca>. Please note there are two deadline dates for ordering school clothing, the first deadline to buy is December 20th, 2017 for delivery in January & the second is March 1st for delivery in April. Thank you for your participation in school spirit and we hope you enjoy our products!

Sincerely, Entrepreneurship 12



MONDAY, DECEMBER 4th

- Fruit and Vegetable program - Oranges, Mandarin (bulk)
- Lasalle College Vancouver visiting Bl. A in the Art Class D102.
- UVic Pizza lunch and connect with Aboriginal Liaison in B202.

TUESDAY, DECEMBER 5th

- Belmont Ambassador meeting @lunch in A201.
- Dept. Head mtg. @ 4 PM Learning Commons
- Prom/Safegrad planning meeting at 7pm in room B213

WEDNESDAY, DECEMBER 6th

- Football wind-up evening from 5 to 9pm.
- Board Game Club Evening 4 - 6 pm.

THURSDAY, DECEMBER 7th

- Belmont Wear Fashion show at lunch.
- Wellness Centre - Free Yoga Class @ lunch with Sarah Wade all students welcome.
- Belmont Winter Concert - 7pm.

FRIDAY, DECEMBER 8th

- Sr/Jr girls' Basketball - Hosting Victoria Christmas Tournament.

Thanks you to Ryan's Vending! They gave us a gift of \$3500 dollars to support our Rugby program. What a great community partner.

Coming Soon

- Dec 12 - Belmont Ambassador meeting @lunch in room A201
- Dec 13 - 10,000 Tonight
- Dec 11 - 17 - "Charlie Brown's Christmas" Theatre Production
- Dec 14 - Block A- Gingerbread House Activity- ISP, Belmont Ambassadors, GISP & AVID.
- Dec 14 - LEED Gold Official Acknowledgment at 11am
- Dec 14 - Staff mtg. @ 4:00 PM
- Dec 15 - Application deadline for Sept 2018 Nursing program at Camosun
- Dec 21 - Grad Winter Formal @ Westin Bear Mountain Resort
- Dec 22 - Santa's Breakfast
- Dec 28-30- Senior and Junior Boys' Belmont Invitational Tournament
- Dec 25 - Jan 5/18 - Winter Vacation
- Jan 9 - Department Head Meeting after school
- Jan 9 - PAC Meeting at 7pm in the Learning Commons
- Jan 9 - Prom/Safegrad Meeting at 8pm in the Learning Commons
- Jan 15 - UBC final application deadline

Foods classes participated in a traditional First Peoples salmon prep and bake last week.



UVic Pizza Lunch and Connect - Monday Dec 4th from 12-12:30
Meet Shane Hartman, UVic's Aboriginal Liaison and your Aboriginal Teacher, Natasha, who will answer questions and offer advice on continuing your education. Please meet in room B202 at lunch.

We are proud to announce that we are having Sarah Wade - Yoga Instructor come to the centre on Dec 7, 2017 and do a free class! During the student's lunch time.

"Are the everyday stressors of life frazzling you? Simple Breathing free drop in group!

Thank you so much! All students are welcome!

Natalie Hall | Medical Office Assistant - Natalie.Hall@viha.ca

The Wellness Centre at Belmont



The 2017 Belmont Blood Drive was a success! With only a few complications, the event went smoothly and together we helped save over 50 lives (3 lives per donation). There was an incredible tally of 28 students who volunteered to donate their blood, with an outstanding count of estimated 20 eligible donors. It was absolutely wonderful to have witnessed such an eager and inspirational group of youth get involved with such a great cause, and I hope the trend continues.....Sydney Waddington

We are accepting gently used coats in front of the school office until Dec.6th. These coats are greatly needed by the "Our Place" society, and any donations would be greatly appreciated.

So you know, Wed, Dec. 6th from 4 - 6pm we'll be having a Board Game Club evening in A206/8. We have Catan, Risk, Monopoly, King of Tokyo, Carcassonne, Taboo, Munchkin, Apples to Apples plus some others. If students want to bring Magic, The Gathering...they are welcome to. Please no Cards Against Humanity...too rude for our young minds. :)

Do you ever feel low-energy or low-mood? Do stress and worries impact your life? Is it difficult to motivate yourself to exercise?

Jumpstep for teens could be the program for you:

- 10-week mental wellness and physical activity program for teens 13-19 years old in School District 62. Held at the Westhills Y.
- Group discussion, learning and engaging physical activity sessions.

- Jan 19-20- Senior boys "A"/"B" hosting Tournament - times TBA
- Jan 24 - SPEAC Emergency Planning Committee - 7 pm at Belmont
- January 27th - Choral Collaboration hosted by the Belmont Music Department

The Senior boys volleyball team finished 6th a few weeks ago in the island championship. They played well losing tight sets to Claremont and Reynolds, while beating Cowichan. The boys had a good season, played in 3 tournaments and the island championship, improving every time out.

Mr Walushka would like to send A special thank you to Graduating players Tyler Hardy, Moises Corpus, and Nolan Zaragoza who have been a playing for him for the last 4 years. Without these three outstanding young men, we would not have had a team. Thanks for all your hard work and dedication fellas

Check out the Belmont Scholarship Weebly website for detailed information and application procedure.

<https://belmontscholarship.weebly.com/>

The Beaverbrook Vimy Prize - The Vimy Foundation offers a prestigious summer scholarship to youth 15-17 years of age, to study the interwoven history of Canada, France, and Great Britain during the First and Second World Wars. During the two week, fully-funded scholarship program, prize winners from Canada, Great Britain and France will visit key historical sites including lectures, visits to major museums, battlefields, cemeteries and memorials, including Vimy Ridge,, where they will be introduced to ideas and viewpoints not typically taught in classrooms

[Apply for the 2018 Beaverbrook Vimy Prize](#)

Deadline for applications is March 4, 2018.

□ Participants receive a FREE 12-week YMCA-YWCA Vancouver Island Membership.

□ Teens have the opportunity to meet new people and have fun! A physical activity and mental wellness program for teens! For more information or to register, contact us today!

W. vancouverislandy.com/program-services/community-health

E. jumpstep@vancouverislandy.com

T. 250.386.7511 x 115

Check out the Career Centre's webpage at:

<http://bsscareercentre.weebly.com> and click on the tabs to view Belmont's Career Successes, Career Events/Opportunities, Jobs and Volunteer Opportunities. There are also bulletin boards in the Career Centre and in the hallway for postings on jobs and volunteering.

Have you considered a career in Aviation & Design? Mt. Doug is hosting an aviation and design program for students from February to June 2018. The program is in partnership with Viking Air, Victoria Flying Club, Pacific Sky, VIH Aviation Group and Camosun College. Students will earn 16 high school credits, achieve Transport Canada Ground School Certification and co-pilot three flights. For more information and an application please see the Career Centre.