
Wellness Centre at Belmont: Monday to Friday 8:30-3:45
Closed for lunch 12:45-1:30

Medical Office Assistant (MOA)

Kat Maki - Welcomes students and youth when they enter the centre. To ensure privacy students will be asked to complete a short questionnaire asking the reason for their visit. The MOA will determine the best health care person to see (doctor, nurse, or nurse practitioner).

Public Health Nurses (PHNs)

Kate Wright, Leah Belliveau, Christine Havers, Eileen Barron and Rhonda Wylie
Hours: Monday & Tuesday 1:30-3:45
Wednesday, Thursday & Friday 10:00-12:30

Appointments with public health nurses are available daily to support student wellness. They will see youth for general health and wellness concerns and can provide vaccinations, contraception and sexual health services. PHNs can make referrals to other health practitioners or counsellors in the Wellness Centre.

Nurse Practitioner (NP)

Jo Rippin
Hours: Monday - Appointments available from 9:00-12:45

Appointments can be made with the nurse practitioner for any health concerns related to their physical, mental, emotional, or sexual health care needs. NPs are able to prescribe medications and can order diagnostic tests: lab work, X-rays, CT scans, and MRI scans. Referrals can be made to specialists and specialty programs. Nurse Practitioners collaborate with the Mental Health and Substance Use Counselors.

Doctor

Dr. Marni Brydon
Hours: Tuesday - Appointments available from 9:30-12:45

The doctor at the Wellness Centre will provide health care services on a weekly basis. She is able to see youth for any health concerns, and consult about sexual, physical, mental, and emotional health. Referrals will be made as needed to specialists or specialty programs.

Mental Health and Substance Use Counsellor

Jordie Allen-Newman (Registered Clinical Counsellor #2493)
Hours: Monday and Tuesday – Appointments are available from 9:00-3:30 (sessions outside these hours can also be scheduled through the counsellor). The counsellor provides person

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3041 Langford Lake Road Victoria, BC V9B 6X2

Tel: 250-519-3580 | Fax: 250-519-3588

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Excellent health and care, for everyone,
everywhere, every time.



centered care to individuals and families using a wide variety of counselling approaches. Many different life issues can be addressed including substance use, mental health, and other distressing concerns. In addition, the counsellor can assist in accessing other forms of health care including parents groups, residential treatment, supportive recovery and specialized youth detox.

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