



# This Week in the Dog House



<http://belmont.sd62.bc.ca/>

November 27th - December 1st, 2017

The name, "This week in the Dog House" is a play on words as our school mascot is the Bulldog!

**Cultural Week is here! We will be celebrating our diversity in heritage this week.** Nothing brings people together more than food!

Monday: Samosas \$1.00 each

Tuesday: Burritos \$1.25 each

Wednesday: Poutine truck L'authentique is coming - only 200 portions so buy your ticket at the office.

Thursday: Spring Rolls \$1.25 each

Diversity is strength!

## MONDAY, November 27th

- Cultural Week - Nov 27 - 30
- Nov 27 - Dec. 6 - Accepting used coats for "Our Place" society
- Gr. 12 Blood Donor Clinic 1:30 - 3:30 pm, Appointments by previous registration only.
- Samosa's \$1.00 each

## TUESDAY, November 28th

- 10 am tipoff- Senior "B" boys vs Ucluelet
- Camosun Nursing Info session at lunch
- Belmont Ambassador meeting at lunch in room A201
- Burritos \$1.25 each

## WEDNESDAY, November 29th

- The R & B Band in the foyer at lunch
- Marketing 11 class Club Days at lunch in the Commons area.
- Poutine truck L'Authentique is coming - only 200 portions so buy your ticket at the office ahead of time.

## THURSDAY, November 30th

- Cultural Night 5 - 7 pm
- Sr. Winds Concert @ UVIC @ 8 PM
- 1:30 pm Tip off - Senior Boys Basketball playing team from Ottawa
- Spring Rolls \$1.25 each

## FRIDAY, December 1st

- All Canadian Pizza day!
- Grade 10 #planning. Notplanning due
- UBC major entrance scholarship application deadline and first round offers.

**Thursday Night is also cultural night at 5 - 7pm.**

Come out and explore different kinds of food at Belmont's own Cultural evening. Various foods will be served for \$1 each. An event NOT to miss.

**On November 29th, foods classes will be preparing salmon alongside Elder Henry Chipps.** On November 30th, we will hold an all-day Salmon Bake near the school garden on the site where we hope there will be a pit cook in the future.

**The kindness campaign is well underway We hope that students and staff will embark on a kindness journey** and perform random acts of kindness in our community. Have fun spreading Belmont kindness and feel free to share pictures to [belmontkindness@gmail.com](mailto:belmontkindness@gmail.com)

A reminder for Grade 10s the assignment is due Friday December 1st.

**Belmont's Music Department** spent two wonderful (if wet) days up island at the Comox Valley Music Festival. Much in the way of musical and community growth took place as we performed, listened and learned together!

**Thank you to the grade 12 students who are old enough to give blood!** We hope the plans on Monday afternoon go perfectly to be part of something so wonderful.

**Reminder to any students interested in attending an information session** about Camosun's BSc in Nursing program on Nov 28 at lunch, please sign up in the counselling suite.

**From Monday, Nov. 27<sup>th</sup> to Wednesday, Dec. 6<sup>th</sup>, we are accepting gently used coats** in front of the school office. These coats are greatly needed by the "Our Place" society, and any donations would be greatly appreciated.

**So you know, Wed, Dec. 6th from 4-6pm we'll be having a Board Game Club evening in A206/8.** We have Catan, Risk, Monopoly, King of Tokyo, Carcassonne, Taboo, Munchkin, Apples to Apples plus some others. If students want to bring Magic, The Gathering...they are welcome to. Please no Cards Against Humanity...too rude for our young minds. :)

**Thinking about how to help during 10,00o tonight?** Check out the facebook event for more 411:

<https://www.facebook.com/events/129572011054100/>

**Do you ever feel low-energy or low-mood? Do stress and worries impact your life? Is it difficult to motivate yourself to exercise?** Jumpstep for teens could be the program for you:

☐ 10-week mental wellness and physical activity program for teens 13-19 years old in School District 62. Held at the Westhills Y.

☐ Group discussion, learning and engaging physical activity sessions.

**Coming Soon .....**

- Dec 4 - Fruit and Vegetable program - Oranges, Mandarin (bulk)
- Dec 5 - Dept. Head mtg. @ 4 PM Learning Commons
- Dec 5 - PROM/Safegrad planning 7pm in B213 right beside the Learning Commons
- Dec 6 - Football Windup evening from 5 to 9pm
- Dec 7 - Belmont Winter Concert - 7pm.
- Dec 8-9- Sr./Jr. girls' Basketball - Hosting Victoria Christmas Tournament
- Dec 13 - 10,000 Tonight
- Dec 13 - 20 - "Charlie Brown's Christmas" Theatre Production (tentative)
- Dec 14 - Staff mtg. @ 4:00 PM
- Dec 15 - Application deadline for Sept 2018 Nursing program at Camosun
- Dec 21 - Grad Winter Formal @ Westin Bear Mountain Resort
- Dec 22 - Santa's Breakfast
- Dec 28-30- Senior and Junior Boys Belmont Invitational Tournament
- Dec 25 - Jan 5/18 - Winter Vacation
- Jan 9 - Department Head Meeting after school
- Jan 9 - PAC Meeting at 7pm in the Learning Commons
- Jan 9 - Prom/Safegrad Meeting at 8pm in the Learning Commons
- Jan 15 - UBC final application deadline
- Jan 19-20- Senior boys "A"/"B" hosting Tournament - times TBA
- Jan 24 - SPEAC Emergency Planning Committee - 7pm at Belmont

**Check out the Belmont Scholarship Weebly website** for detailed information and application procedure.

<https://belmontscholarship.weebly.com/>

□ Participants receive a FREE 12-week YMCA-YWCA Vancouver Island Membership.

□ Teens have the opportunity to meet new people and have fun! A physical activity and mental wellness program for teens! For more information or to register, contact us today!

W. [vancouverislandy.com/program-services/community-health](http://vancouverislandy.com/program-services/community-health)

E. [jumpstep@vancouverislandy.com](mailto:jumpstep@vancouverislandy.com)

T. 250.386.7511 x 115

**Sign up for the Careers and Transitions channel on the Belmont app to get all the latest news on career events.**

AND.....Check out the Career Centre's webpage at:

<http://bsscarrercentre.weebly.com> and click on the tabs to view Belmont's Career Successes, Career Events/Opportunities, Jobs and Volunteer Opportunities. There are also bulletin boards in the Career Centre and in the hallway for postings on jobs and volunteering.

**Have you considered a career in Aviation & Design?** Mt. Doug is hosting an aviation and design program for students from February to June 2018. The program is in partnership with Viking Air, Victoria Flying Club, Pacific Sky, VIH Aviation Group and Camosun College. Students will earn 16 high school credits, achieve Transport Canada Ground School Certification and co-pilot three flights. For more information and an application please see the Career Centre.