

Wellness Centre at Belmont: Mondays, Tuesdays, Thursdays, Fridays 8:30-4:00
Closed for lunch 12:45-1:30

Medical Office Assistant (MOA)

Angie Blanchard - Welcomes students and youth when they enter the centre. To ensure privacy students will be asked to complete a short questionnaire asking the reason for their visit. The MOA will determine the best health care person to see (doctor, nurse, or nurse practitioner).

Public Health Nurses (PHNs)

Leah Belliveau, Tracy Ewert, Christine Havers, Tarah Reece & Tracy Beaton
Mondays, Tuesdays, Thursdays & Fridays: Check in at the Wellness Centre for times.

Appointments with public health nurses are available daily to support student wellness. They will see youth for general health and wellness concerns and can provide vaccinations, contraception, STI testing and sexual or mental health services. PHNs can make referrals to other health practitioners or counsellors in the Wellness Centre.

Nurse Practitioner (NP)

Shyla Genoway

Hours: Mondays and Fridays - Appointments available from 9:00-3:00

Appointments can be made with the nurse practitioner for any health concerns related to their physical, mental, emotional, or sexual health care needs. NPs are able to prescribe medications and can order diagnostic tests: lab work, X-rays, CT scans, and MRI scans. Referrals can be made to specialists and specialty programs. Nurse Practitioners collaborate with the Mental Health and Substance Use Counselors.

Doctor

Dr. Marni Brydon

Hours: Tuesdays - Appointments available from 9:30-12:45

The doctor at the Wellness Centre will provide health care services on a weekly basis. She is able to see youth for any health concerns, and consult about sexual, physical, mental, and emotional health. Referrals will be made as needed to specialists or specialty programs.

Mental Health and Substance Use Counsellor

Jordie Allen-Newman (Registered Clinical Counsellor #2493)

Hours: Tuesdays and Thursdays – Appointments are available from 9:00-3:30 (sessions outside these hours can also be scheduled through the counsellor). The counsellor provides person

Wellness Centre at Belmont

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Excellent health and care, for everyone, everywhere, every time.

centered care to individuals and families using a wide variety of counselling approaches. Many different life issues can be addressed including substance use, mental health, and other distressing concerns. In addition, the counsellor can assist in accessing other forms of health care including parents groups, residential treatment, supportive recovery and specialized youth detox.