



**Wellness Centre at Belmont: Mondays, Tuesdays, Thursdays & Fridays 0830-1600
250-519-3580**

Reception- Mondays, Tuesdays, Thursdays & Fridays 0830-1600

Angie Blanchard- greets students and youth when they enter the centre. She will help students determine the best person to see. Angie maintains the day to day aspects of running the centre. She maintains the calendar for the staff at the Centre.

Public Health Nurses- Mondays, Tuesdays, Thursdays & Fridays Times TBA

Leah Belliveau, Tracy Ewert, Christine Havers, Tarah Reece & Tracy Beaton are certified registered nurses who will see students for immunizations, mental health concerns, contraceptive management, STI testing or other sexual health concerns. They will make referrals to other health practitioners or counsellors in the Centre as needed.

Nurse Practitioners- Mondays & Fridays 09:00-3:00

Shyla Genoway

Shyla will see students and youth for any health concerns whether physical, mental, emotional, or sexual. Nurse practitioners are able to prescribe many types of medications and birth control/contraceptives. Nurse practitioners can order diagnostic tests; lab work, X-rays, CT scans, and MRI scans. Referrals can be made by the NP to specialists and specialty programs. The NP is able to work with the Mental Health and Substance Use Counselor in managing medications.

Doctor- Tuesdays 0930-12:45

Dr. Marni Brydon MD

The doctor at the Wellness Centre will provide health care services on a weekly basis. She is able to see students and youth for any health concerns they have, she is able to consult about sexual, physical, mental, and emotional health. Referrals will be made as needed to specialists or specialty programs.

Mental Health and Substance Use Counsellor- Tuesdays & Thursdays

Jordie Allen-Newman

Jordie is available by appointment and drop-in, please contact reception for more information.